



**We've gone all the way around the world  
(and we're not done traveling!)**



**This school year, our tastebuds have traveled from Mexico to Italy to China and now El Salvador!**

After visiting Mexico and Italy in Fall 2022, our students' trip around the world continued with a stop in China, where they learned about the Lunar New Year with art and food! Elementary students in Rio Arriba and Santa Fe Counties celebrated by preparing **Chinese American fried rice**, learning to eat with chopsticks, and crafting their own rattle drums courtesy of the **Museum of International Folk Art**. This lesson was another successful installment of Cooking with Kids' multi-year collaboration with MOIFA, who provided the supplies, lesson plan, and training for making these fun and colorful drums.



Two 1st graders at Nina Otero Community School mix up some **Sweet & Sour Cucumbers** to go with the fried rice their classmates are making.



A 1st grader at Cesar Chavez Community School adds carrots to the skillet with the help of CWK Educator Kiana Estevez



Two thumbs up for fried rice!



After studying the instructions on the chopsticks wrapper, this determined 1st grader dives right in!



Students at Cesar Chavez Community School make and display their rattle drums



### New Recipe! Pupusas with Curtido and Salsa Roja

Our latest recipe addition took us to the Central American country of El Salvador to make **pupusas!** Pupusas are often made from a simple corn-based dough, filled with beans, cheese, meat or vegetables and then cooked on a griddle. They are frequently served with a type of pickled cabbage slaw called "**curtido**" and a blended **salsa roja** made of tomatoes, onions, and chile. People in this part of the world have been making pupusas for thousands of years, and in El Salvador, this delicious and filling food is recognized as the national dish!



4th grade students at Aspen Community School making pupusas with CWK Educator Arella Hordyk



### Where will we go next?!?

We have one more stop on this year of world travel—stay tuned to find out where we're going!

Special thanks to Photographer (and CWK Educator!) Kerry Sherck for documenting our journey around the world!



## Funder Spotlight

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