



**BIG
little
Project**
cookingwithkids.org



PLEASE VOTE TODAY!

Local Campaign & Non-Profit

(and every day
through March 18th!)



**The BIG little Project Film is up for Shorty Awards in TWO
categories: Local Campaign & Non-profit**

The Shorty Awards is an international awards competition honoring brands, agencies and organizations producing great work across digital and social platforms.

This kind of visibility matters! You can help Cooking with Kids get the **BIG little Project** out into the wide world and find sponsors for our National Curriculum Outreach.

Please share with others and vote daily!

Watch the film and fall in love
all over again with these
adorable little chefs
(and their grown-ups!)



**The first couple of months in 2022 were filled with snow delays, COVID
closures...and Cuban Beans!**



**Get the recipe: Cuban Beans &
Yellow Rice**

It took a little longer to teach all 200+ cooking classes, but our determined staff persevered, and kids had a blast (and they loved the beans!)

Additionally, thanks to another wonderful collaboration with the **Museum of International Folk Art**, students had the chance to learn about Cuba and the Caribbean through art as well as food. After cooking up a flavorful batch of **Cuban Beans and Yellow Rice**, kids crafted their own Sailors' Valentines, which is an art form that appeared during the late 18th and early 19th century. Sailors in the Caribbean would often give these as a token to their loved ones after a long voyage at sea.



Overhead in the classroom: "I'm giving this project to my mom because I love her."

Thank you, MOIFA, for this great cultural connection and for providing the lesson and supplies!



We Didn't Entirely Toss Virtual Out with the Dish Water...

Last year, in hundreds of home kitchens throughout Northern New Mexico, families came together to cook online with Cooking with Kids. These events met kids and families in their own kitchens and created a sense of community with such success that we are now including them as part of CWK's regular programming!

We've also continued to provide ingredient kits that families can easily reserve online prior to the event. First up on the menu has been stovetop pizza, and soon kids will have a chance to show off their skills by making Cuban Beans with grown-ups at home.

CWK educator Mariela Rodriguez preps for an online family night. Hosting these events online makes it possible for any and all families at a school to participate.



Parent from Nye Early Childhood Center: "Our chef instructor Mariela was amazing! We learned chopping techniques, she was so upbeat, and kept it fun all the way through! The ingredients were fresh, delicious, and our entire family had so much fun."



**Thank you to our
Online Family
Cooking Night
Sponsors!**



Together, we are creating a healthy future!

Donations Always Welcomed



Cooking with Kids educates and empowers children and families to make healthy food choices through hands-on learning with fresh, affordable foods.

cookingwithkids.org

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