

"The kids ate kale!" (a dad-post on Facebook after an online minestrone cooking night)

During these chilly weeks of winter, our students have been learning all about soup! In virtual classes, kids have learned the basics, explored different soups of the world, and even created their own soup recipes. Plus families in **15 school communities** made minestrone soup during this month's online family cooking nights! Want to make your own minestrone? **Get the recipe here.**







Cooking with Kids packed and distributed **over 300 minestrone cooking kits** to families in Santa Fe and Rio Arriba counties. A special thanks to Smith's Food and Drug Stores for their support!



Celebrating Lunar New Year with Food and Art

The **Museum of International Folk Art** has teamed up with Cooking with Kids to offer two online cooking nights for families at Nava Elementary in Santa Fe and Pablo Royal Elementary in Pojoaque.



Families will cook **Chinese American Fried Rice** together, and a folk art educator from the museum will lead a kid-friendly lesson about the Lunar New Year. MOIFA is sponsoring the cooking kits for these events, and we're excited about future collaborations that will include hands-on folk art projects! Thank you, MOIFA!

On behalf of the students and families we serve, thank YOU!



Last fall, a generous individual donated \$25,000 and challenged others to donate \$2,500 in honor of Cooking with Kids' 25th anniversary. The **CWK 25K Challenge** runs throughout our 25th anniversary year.

To date, the challenge has **raised over \$50,000**— that amount will provide a year of Cooking with Kids for more than **20 classrooms of public-school kids!**

Cooking with Kids serves over 200 classrooms of students (that's over 5,000 kids!) every year. Learn more about what we do and why—and why your support matters.

As Cooking with Kids looks to expand, funding is always the first step. Here's how you can help with just a click.

Superchef Sean Sinclair is laying the groundwork for Cooking with Kids to reach even more kids in Northern New Mexico—this time in Las Vegas, NM! He's in the running for the **Bon Appétit Favorite Chef**, which comes with a \$20,000 prize, and he's planning to use the money to jumpstart Cooking with Kids in his community. We are blown away by Chef Sean's commitment to hands-on nutrition education!

Please show your support by voting and sharing!



Chef Sean volunteering at Turquoise Trail Charter School

We love our Cooking with Kids family!
When kids are healthy and successful in school, everybody wins.

Donations Always Welcomed



Cooking with Kids educates and empowers children and families to make healthy food choices through hands-on learning with fresh, affordable foods.

cookingwithkids.org

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