



If the kids can't go to the farm, we'll bring the farm to them!

Learning about how our food grows is a big part of food literacy. Our digital classroom lessons this month include a **virtual field trip** to nearby **Western Family Farm**, co-owned and operated by Clare Price, who, in addition to being a farmer, just happens to be a Cooking with Kids educator at Chaparral Elementary in Santa Fe! We've got several more COVID-safe field trips in the works, and in the meantime, you can check out Clare's video **HERE**.





Cooking kits filled with joy and kindness and VEGETABLES

Over the past three weeks, Cooking with Kids has collaborated with 11 schools to coordinate curbside pick-up of Family Cooking Night kits to families who need assistance getting ingredients. Kids and their families are having a blast making vegetable paella! We are especially grateful to the super-dedicated principals and teachers in Española and Santa Fe Public Schools who are assisting with coordinating the delivery of these kits. Want to make your own vegetable paella? **Get the recipe here.**











Thank you to our community partners

Online family nights provide a safe way for kids to explore and prepare new, healthy foods in their own kitchens—and they are truly a community effort. Thanks to our community partners and generous donors like you, Cooking with Kids will continue to provide cooking kits throughout the year!

A special thank you to the **Santa Fe Community Foundation COVID-19 Response Fund**, which made it possible for Cooking with Kids to purchase chromebooks and supporting equipment for all our educators to deliver Cooking with Kids' online programming.











Please keep supporting local!

You can still support local restaurants even under the current NM public health order. Two of our Superchefs are offering special take-out menu items in honor of Cooking with Kids' 25th Anniversary. This weekend, you can pick up homemade beef empanadas from **Rowley**Farmhouse Ales, and Terra Restaurant is featuring a seasonal sweet potato soup through the end of November. Thank you to Superchefs Jeffrey Kaplan and Kai Autenrieth!



Superchefs help keep Cooking with Kids rolling.



Let's make sure they keep rolling too.



Donations Always Welcomed



Cooking with Kids educates and empowers children and families to make healthy food choices through hands-on learning with fresh, affordable foods.

cookingwithkids.org

Cooking with Kids, Inc. is a 501(c)(3) non-profit organization.

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