



Dear Friends,

Connecting kids with real food is as important as ever. Our communities are facing a great number of struggles and uncertainties; among them remain the multi-layered issues surrounding food security. Cooking with Kids is dedicated to serving the children and families of Northern New Mexico. No matter the circumstances, we find ways to cook together, grow together, and enjoy delicious food together.

As always, please know that we are grateful for you and we hope you are healthy and safe!

With deep appreciation,

Anna Farrier

Anna Farrier, Executive Director

P.S. Please keep scrolling to read some of our recent highlights!

Food and computers? We're making it work.



As we wrapped up the school year in the new virtual world, our educators led several online family cooking nights. Schools hosted and invited their families, and we shared recipes in advance. Kids were super excited to see THEIR cooking teacher (*¡Hola, Chef Mariela! Hi, Ms. Bri!*).

Teaching live, online cooking classes felt a little daunting at first, so we cooked an easy and familiar favorite: **Chinese American Fried Rice**—also an easy recipe for families to adapt with whatever veggies they had on hand!



Our educators connected with their schools in a variety of other ways, including recipe photo cards, garden updates, and even cooking videos! Check out this [YouTube playlist](#) with demos by Cooking with Kids educators and Superchefs.

Additionally, over the past 3 months, educators and families from at least 23 states have downloaded resources from cookingwithkids.org. We've also been sharing loads of recipes and resources on social media—if you haven't already, please follow us on [Facebook](#) and [Instagram](#)!

Getting ready to grow and learn



Did you know that three of our Cooking with Kids educators are also farmers? We are grateful for their knowledge and expertise! This summer, thanks to funding from a Whole Kids Foundation grant, FoodCorps Service member (and farmer!) Tania Marines has been working hard building a school garden at Velarde Elementary. Check out the progress on Española Public Schools' FIRST school garden!



**Cooking with Kids is still rolling,
and there's more to come**

Even with many unknowns, Cooking with Kids is working to design flexible programming for the coming school year—and we're looking forward to celebrating our 25th Anniversary! We're cooking up some creative celebrations, so please stay tuned!

And now, for a little fun, Cooking with Kids presents:

A Tale of Two Turnips. Or 6,000.

Once upon a time. . . (well, actually, this February),
We asked Farmers Rhonda and Raymond
to grow Hakurei turnips for an April salad tasting in 19 schools.

The farmers planted
6,250 turnips, and then. . .

Over 6,000
turnips?!?

I can't
wait to see
the kids!

. . .we had to make a new plan.

Naturally, we called **MORE** farmers
and ordered **MORE** local produce.

What are they
thinking? Kids
aren't in schools!

We got butter
lettuce and spinach..

...cucumbers, carrots,
and a mess of mustard greens.

Then we called our friends at Santa Fe YouthWorks.
"We'll make salads!" they cried. So they washed
and they chopped and they packaged up. . .

What a
delicious ending!

...**1,000** salads to hand out at school food pick-up sites!

Unusual challenges call for creative solutions
(and collaborations!)

A great big **THANK YOU** to
(click links for Instagram):

Carrasco Family Farm
Growing Opportunities

Malandro Farm

Vida Verde Farm

Santa Fe YouthWorks

and **Santa Fe Public Schools**

Student Nutrition Services!

Donations Always Welcomed



Cooking with Kids educates and empowers children and families to make healthy food choices through hands-on learning with fresh, affordable foods.

cookingwithkids.org

Cooking with Kids, Inc. is a 501(c)(3) non-profit organization.

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