

# It's a Big, Big World, and We've Been Traveling with our Tastebuds







"My favorite part was when we were cutting the onions. It made me cry a lot."
--Jared, age 10

Our brave young chefs have journeyed from South American to Spain, slicing and dicing onions, bell peppers and tomatoes for this simple **Vegetable Paella**, served alongside **Mediterranean Flatbread** and our new **Valencian Salad**.

Next up? Kids in Española and Santa Fe will be rolling up their sleeves and rolling out homemade egg noodles for an **Asian Noodle Bowl**, complete with carrots, bok choy, zucchini, and green onions in a flavorful ginger-soy broth.



#### **Five New Schools in Five Months**

Since September, Cooking with Kids has added **FIVE** new schools in Rio Arriba County. This more than **DOUBLES** the number of kids in Rio Arriba who participate in Cooking with Kids. Welcome to the family, Alcalde, Dixon, Hernandez, Ohkay Owingeh, and Velarde school communities!

### Thank you to our 2020 Food Partners!







## **Donations Always Welcomed**



Cooking with Kids educates and empowers children and families to make healthy food choices through hands-on learning with fresh, affordable foods.

#### cookingwithkids.org

Cooking with Kids, Inc. is a 501(c)(3) non-profit organization.

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